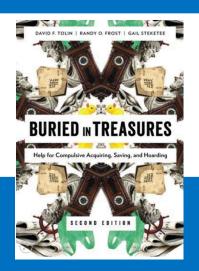
Online Buried in Treasures Clutter Reduction Group

Spring – Summer 2020



Is Clutter ...

Taking over your home or workspace?
Creating safety problems in your home?
Affecting your life and your relationships?

NEW WEEKLY ONLINE GROUP Starting in April 2020

THURSDAYS

6:30 p.m. – 8:30 p.m.

Online Group Meetings:
Starting April 2nd
Weekly meetings through July 16th



FORMAT:

Join our clinician-facilitated, weekly group sessions in an online meeting space connected by video and audio.

Participants will read and complete exercises in the book, *Buried in Treasures*.

- Learn more about how to manage the problem.
- Find support and motivation among others who may have similar concerns.
- Participants are asked to purchase the book, "Buried in Treasures," by Tolin, Frost, & Steketee; available online or limited copies available to lend.
- Commitment to attend all sessions is requested.
- Completion of pre and post assessments of clutter by phone interview is required.
- Group is open to residents of the South Shore and is offered free of charge.
- Required: Computer or mobile device with internet and headset (or earbuds) for audio.
- Seats are limited and pre-registration required to attend.

For more information – or to register – visit: www.SouthShoreCRC.org

Brought to you by the Scituate Hoarding Response Team in partnership with Boston University School of Social Work and with generous support from South Shore Elder Services